



## Soul Origami - Unfolding me

2-5 AUGUST 2019, IXOPO KZN

There's so much beauty and joy in listening with our whole being, and speaking from the heart, that I can't wait to share it with you again.

Join us for a precious three-day dyad meditation retreat with Nicholas Burnand

Info & bookings:  
[www.brcixopo.co.za](http://www.brcixopo.co.za)