

# Spoil Yourself

With Nurturing Treatments Offered at BRC  
9th - 19th Aug

## 1 Hour

- 60min Therapeutic Reflexology @ R450
- 60min Deep Tissue Back, Neck & Scalp Massage @ R450
- 60min Aromatherapy Back, Neck & Scalp Massage @ R450
- 40min Therapeutic Reflexology plus 20min Scalp Massage @ R450
- 40min Therapeutic Reflexology plus 20min Sinus Massage @ R450

## 1.5 hours

- 60min Therapeutic Reflexology plus  
30min Scalp & Neck Massage @ R600
- 60min Therapeutic Reflexology plus 30min Sinus Massage @ R600
- 60min Deep Tissue Back, Neck & Scalp Massage plus  
30min Reflexology @ R600
- 60min Deep Tissue Back & Neck Massage plus  
30min Scalp Massage @ R600

## 2 hour

- 120min Therapeutic Reflexology and Deep Tissue  
Back, Neck & Scalp Massage @ R750.

[bookings@brcixopo.co.za](mailto:bookings@brcixopo.co.za) or call - 082 579 3037

*You deserve it*