



## **Gardening for Happiness: The Basics of Gardening**

20-22 January 2023

Buddhist Retreat Centre, Ixopo

They say that 'your life begins the day you start a garden'. If you are looking for some green thumb inspiration and motivation, join Christopher Dalzell for a fun-filled weekend of basic gardening tips where you will learn the practice and art of gardening. The weekend will entail plant identification and plant selection of trees, shrubs, ground covers and bulbs. He will show you how to prepare a flower bed and how to lay out your plants, and how to plant trees and other plants and their maintenance. Chris will advise on plant propagation showing the different forms of cuttings, seed sowing and dividing large plants and the pruning of shrubs and trees. He will also highlight the importance of soil and how to rejuvenate a nutrient-depleted soil and deal with pest and diseases. Growing and maintaining indoor plants will also be covered. Experience all this - and more - and celebrate the BRC's gardens and its green spaces.

### **Teacher: Chris Dalzell**

Cost: 2 days accommodation plus R300 surcharge

Dates: Friday 20 January – Sunday 22 January 2023

Booking: [bookings@brcixopo.co.za](mailto:bookings@brcixopo.co.za)

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